# Śvetāśvatara Upaniṣad

auṁ | saha nāv avatu | saha nau bhunaktu |

saha vīryaṁ karavāvahai | tejasvi nāv adhītam astu | mā vidviṣāvahai |

auṁ śāntiḥ śāntiḥ śāntiḥ

### prathamo’dhyāyaḥ

hariḥ oṁ brahma-vādino vadanti

kiṁ kāraṇaṁ brahma kutaḥ sma jātā

jīvāma kena kva ca saṁpratiṣṭhāḥ |

adhiṣṭhitāḥ kena sukhetareṣu

vartāmahe brahma-vido vyavasthām ||1||

kālaḥ svabhāvo niyatir yadṛcchā

bhūtāni yoniḥ puruṣa iti cintyā |

saṁyoga eṣāṁ na tv ātma-bhāvād

ātmāpy anīśaḥ sukha-duḥkha-hetoḥ ||2||

te dhyāna-yogānugatā apaśyan

devātma-śaktiṁ sva-guṇair nigūḍhām |

yaḥ kāraṇāni nikhilāni tāni

kālātma-yuktāny adhitiṣṭhaty ekaḥ ||3||

tam eka-nemiṁ tri-vṛtaṁ ṣoḍaśāntaṁ

śatārdhāraṁ viṁśati-pratyarābhiḥ |

aṣṭakaiḥ ṣaḍbhir viśva-rūpaika-pāśaṁ

tri-mārga-bhedaṁ dvi-nimittaika-moham ||4||

pañca-sroto’mbuṁ pañca-yony-ugra-vakrāṁ

pañca-prāṇormiṁ pañca-buddhy-ādi-mūlām |

pañcāvartāṁ pañca-duḥkhaugha-vegāṁ

pañcāśad-bhedāṁ pañca-parvām adhīmaḥ ||5||

sarvājīve sarva-saṁsthe bṛhante

asmin haṁso bhrāmyate brahma-cakre |

pṛthag ātmānaṁ preritāraṁ ca matvā

juṣṭas tatas tenāmṛtatvam eti ||6||

udgītam etat paramaṁ tu brahma

tasmiṁs trayaṁ supratiṣṭhā’kṣaraṁ ca |

atrāntaraṁ brahma-vido viditvā

līnā brahmaṇi tat-parā yoni-muktāḥ ||7||

saṁyuktam etat kṣaram akṣaraṁ ca

vyaktāvyaktaṁ bharate viśvam īśaḥ |

anīśaś cātmā badhyate bhoktṛ-bhāvāj

jñātvā devaṁ mucyate sarva-pāśaiḥ ||8||

jñājñau dvāv ajāv īśanīśāv

ajā hy ekā bhoktṛ-bhogyārtha-yuktā |

anantaś cātmā viśva-rūpo hy akartā

trayaṁ yadā vindate brahmam etat ||9||

kṣaraṁ pradhānam amṛtākṣaraṁ haraḥ

kṣarātmānāv īśate deva ekaḥ |

tasyābhidhyānād yojanāt tattva-bhāvād

bhūyaś cānte viśva-māyā-nivṛttiḥ ||10||

jñātvā devaṁ sarva-pāśāpahāniḥ

kṣīṇaiḥ kleśair janma-mṛtyu-prahāṇiḥ |

tasyābhidhyānāt tṛtīyaṁ deha-bhede

viśvaiśvaryaṁ kevala āpta-kāmaḥ ||11||

etaj jñeyaṁ nityam evātma-saṁsthaṁ

nātaḥ paraṁ veditavyaṁ hi kiñcit |

bhoktā bhogyaṁ preritāraṁ ca matvā

sarvaṁ proktaṁ trividhaṁ brahmam etat ||12||

vahner yathā yoni-gatasya mūrtir

na dṛśyate naiva ca liṅga-nāśaḥ |

sa bhūya evendhana-yoni-gṛhyas

tad vobhayaṁ vai praṇavena dehe ||13||

sva-deham araṇiṁ kṛtvā praṇavaṁ cottarāraṇim |

dhyāna-nirmathanābhyāsād devaṁ paśyan nigūḍhavat ||14||

tileṣu tailaṁ dadhanīva sarpir

āpaḥ srotaḥsv araṇīṣu cāgniḥ |

evam ātmā’tmani gṛhyate’sau

satyenainaṁ tapasā yo’nupaśyati ||15||

sarva-vyāpinam ātmānaṁ kṣīre sarpir ivārpitam |

ātma-vidyā-tapo-mūlaṁ tad brahmopaniṣat param ||16||

tad brahmopaniṣat param ||

iti prathamo'dhyāyaḥ

||1||

\* \* \* \* \*

(2)

### dvitīyo’dhyāyaḥ

yuñjānaḥ prathamaṁ manas-tattvāya savitā dhiyaḥ |

agner jyotir nicāyya pṛthivyā adhyābharat ||1||[[1]](#footnote-2)

yuktena manasā vayaṁ devasya savituḥ save |

suvargeyāya śaktyā ||2||[[2]](#footnote-3)

yuktvāya manasā devān suvaryato dhiyā divam |

bṛhaj jyotiḥ kariṣyataḥ savitā prasuvāti tān ||3||[[3]](#footnote-4)

yuñjate mana uta yuñjate dhiyo

viprā viprasya bṛhato vipaścitaḥ |

vi hotrā dadhe vayunāvid eka

inmahī devasya savituḥ pariṣṭutiḥ ||4||[[4]](#footnote-5)

yuje vāṁ brahma pūrvyaṁ namobhir

viśloka etu pathy eva sūreḥ |

śṛṇvantu viśve amṛtasya putrā

ā ye dhāmāni divyāni tasthuḥ ||5||[[5]](#footnote-6)

agnir yatrābhimathyate vāyur yatrādhirudhyate |

somo yatrātiricyate tatra sañjāyate manaḥ ||6||

savitrā prasavena juṣeta brahma pūrvyam |

yatra yoniṁ kṛṇavase na hi te pūrvam akṣipat ||7||

trir unnataṁ sthāpya samaṁ śarīraṁ

hṛdīndriyāṇi manasā sanniveśya |

brahmoḍupena pratareta vidvān

srotāṁsi sarvāṇi bhayāvahāni ||8||

prāṇān prapīḍyeha saṁyukta-ceṣṭaḥ

kṣīṇe prāṇe nāsikayocchvasīta |

duṣṭāśva-yuktam iva vāham enaṁ

vidvān mano dhārayetāpramattaḥ ||9||

same śucau śarkarā-vahni-bālukā-

vivarjite śabda-jalāśrayādibhiḥ |

mano’nukūle na tu cakṣu-pīḍane

guhā-nivātāśrayaṇe prayojayet ||10||

nīhāra-dhūmārkānilānalānāṁ

khadyota-vidyut-sphaṭika-śaśīnām |

etāni rūpāṇi puraḥ-sarāṇi

brahmaṇy abhivyakti-karāṇi yoge ||11||

pṛthivy-ap-tejo’nila-khe samutthite

pañcātmake yoga-guṇe pravṛtte |

na tasya rogo na jarā na mṛtyuḥ

prāptasya yogāgni-mayaṁ śarīram ||12||

laghutvam ārogyam alolupatvaṁ

varṇa-prasādaṁ svara-sauṣṭhavaṁ ca |

gandhaḥ śubho mūtra-purīṣam alpaṁ

yoga-pravṛttiṁ prathamāṁ vadanti ||13||

yathaiva bimbaṁ mṛdayopaliptaṁ

tejo-mayaṁ bhrājate tat sudhāntam |

tad vātma-tattvaṁ prasamīkṣya dehī

ekaḥ kṛtārtho bhavate vīta-śokaḥ ||14||

yad ātma-tattvena tu brahma-tattvaṁ

dīpopameneha yuktaḥ prapaśyet |

ajaṁ dhruvaṁ sarva-tattvair viśuddhaṁ

jñātvā devaṁ mucyate sarva-pāśaiḥ ||15||

eṣa ha devaḥ pradiśo’nu sarvāḥ

pūrvo ha jātaḥ sa u garbhe antaḥ |

sa eva jātaḥ sa janiṣyamāṇaḥ

pratyaṅ janāṁs tiṣṭhati sarvato-mukhaḥ ||16||

yo devo agnau yo’psu

yo viśvaṁ bhuvanam āviveśa |

ya oṣadhīṣu yo vanaspatiṣu

tasmai devāya namo namaḥ ||17||

iti dvitīyo'dhyāyaḥ

||2||

\* \* \* \* \*

(3)

### tṛtīyo’dhyāyaḥ

ya eko jālavān īśata īśanībhiḥ

sarvāṁl lokān īśata īśanībhiḥ |

ya evaika udbhave sambhave ca

ya etad vidur amṛtās te bhavanti ||1||

eko hi rudro na dvitīyāya tasthur

ya imāṁl lokān īśata īśanībhiḥ |

pratyaṅ janāṁs tiṣṭhati sañcukocānta-kāle

saṁsṛjya viśvā bhuvanāni gopāḥ ||2||

viśvataś cakṣur uta viśvato-mukho

viśvato-bāhur uta viśvatas-pāt |

saṁ[[6]](#footnote-7) bāhubhyāṁ dhamati sampatatrair

dyāv-ābhūmī janayan deva ekaḥ ||3||[[7]](#footnote-8)

yo devānāṁ prabhavaś codbhavaś ca

viśvādhipo rudro maharṣiḥ |

hiraṇyagarbhaṁ janayāmāsa pūrvaṁ

sa no buddhyā śubhayā saṁyunaktu ||4||

yā te rudra śivā tanūr aghorā’pāpa-kāśinī |

tayā nas tanuvā śantamayā giriśantābhicākaśīhi ||5||[[8]](#footnote-9)

yābhiṣuṁ giriśanta haste bibharṣy astave |

śivāṁ giritra tāṁ kuru mā hiṁsīḥ puruṣaṁ jagat ||6||[[9]](#footnote-10)

tataḥ paraṁ brahma paraṁ bṛhantaṁ

yathānikāyaṁ sarva-bhūteṣu gūḍham |

viśvasyaikaṁ pariveṣṭitāram

īśaṁ taṁ jñātvā’mṛtā bhavanti ||7||

vedāham etaṁ puruṣaṁ mahāntam

āditya-varṇaṁ tamasaḥ parastāt |

tam eva viditvātimṛtyum eti

nānyaḥ panthā vidyate’yanāya ||8||[[10]](#footnote-11)

yasmāt paraṁ nāparam asti kiṁcid

yasmān nāṇīyo na jyāyo’sti kaścit |

vṛkṣa iva stabdho divi tiṣṭhaty ekas

tenedaṁ pūrṇaṁ puruṣeṇa sarvam ||9||

tato yad uttarataraṁ tad arūpam anāmayam |

ya etad vidur amṛtāste bhavanti athetare duḥkham evāpi yanti ||10||

sarvānana-śiro-grīvaḥ sarva-bhūta-guhāśayaḥ |

sarva-vyāpī sa bhagavāṁs tasmāt sarva-gataḥ śivaḥ ||11||

mahān prabhur vai puruṣaḥ sattvasyaiṣa pravartakaḥ |

sunirmalām imāṁ prāptim īśāno jyotir avyayaḥ ||12||

aṅguṣṭha-mātraḥ puruṣo’ntarātmā

sadā janānāṁ hṛdaye sanniviṣṭaḥ |

hṛdā manīṣo[[11]](#footnote-12) manasābhikḷpto

ya etad vidur amṛtās te bhavanti ||13||

sahasra-śīrṣā puruṣaḥ sahasrākṣaḥ sahasra-pāt |

sa bhūmiṁ viśvato vṛtvātyatiṣṭhad daśāṅgulam ||14||

puruṣa evedaṁ sarvaṁ yad bhūtaṁ yac ca bhavyam |

utāmṛtatvasyeśāno yad annenātirohati ||15||[[12]](#footnote-13)

sarvataḥ pāṇi-pādaṁ tat sarvato’kṣi-śiro-mukham |

sarvataḥ śrutimal loke sarvam āvṛtya tiṣṭhati ||16||

sarvendriya-guṇābhāsaṁ sarvendriya-vivarjitam |

sarvasya prabhum īśānaṁ sarvasya śaraṇaṁ bṛhat[[13]](#footnote-14) ||17||

nava-dvāre pure dehī haṁso lelāyate bahiḥ |

vaśī sarvasya lokasya sthāvarasya carasya ca ||18||

apāṇi-pādo javano grahītā

paśyaty acakṣuḥ sa śṛṇoty akarṇaḥ |

sa vetti vedyaṁ na ca tasyāsti vettā

tam āhur agryaṁ puruṣaṁ mahāntam ||19||

aṇor aṇīyān mahato mahīyān

ātmā guhāyāṁ nihito’sya jantoḥ |

tam akratuḥ paśyati vīta-śoko

dhātuḥ prasādān mahimānam īśam ||20||[[14]](#footnote-15)

vedāham etam ajaraṁ purāṇaṁ

sarvātmānaṁ sarva-gataṁ vibhutvāt |

janma-nirodhaṁ pravadanti yasya

brahma-vādino hi pravadanti nityam ||21||

iti t.rtīyo'dhyāyaḥ

||3||

\* \* \* \* \*

(4)

### caturtho’dhyāyaḥ

ya eko’varṇo bahudhā śakti-yogād

varaṇān anekān nihitārtho dadhāti |

vi caiti cānte viśvam ādau sa devaḥ

sa no buddhyā śubhayā saṁyunaktu ||1||

tad evāgnis tad ādityas

tad vāyus tad u candramāḥ |

tad eva śukraṁ tad brahma

tad āpas tat prajāpatiḥ ||2||[[15]](#footnote-16)

tvaṁ strī pumān asi

tvaṁ kumāra uta vā kumārī |

tvaṁ jīrṇo daṇḍena vañcasi

tvaṁ jāto bhavasi viśvato-mukhaḥ ||3||[[16]](#footnote-17)

nīlaḥ pataṅgo harito lohitākṣas

taḍid-garbha ṛtavaḥ samudrāḥ |

anādimat tvaṁ vibhutvena vartase

yato jātāni bhuvanāni viśvā ||4||

ajām ekāṁ lohita-śukla-kṛṣṇāṁ

bahvīḥ prajāḥ sṛjamānāṁ sa-rūpāḥ |

ajo hy eko juṣamāṇo’nuśete

jahāty enāṁ bhukta-bhogām ajo’nyaḥ ||5||

dvā suparṇā sayujā sakhāyā

samānaṁ vṛkṣaṁ pariṣasvajāte |

tayor anyaḥ pippalaṁ svādv atty

anaśnann anyo abhicākaśīti ||6||[[17]](#footnote-18)

samāne vṛkṣe puruṣo nimagno’

nīśayā śocati muhyamānaḥ |

juṣṭaṁ yadā paśyaty anyam īśam

asya mahimānam iti vīta-śokaḥ ||7||

ṛco akṣare parame vyoman

yasmin devā adhi viśve niṣeduḥ |

yas taṁ na veda kim ṛcā kariṣyati

ya it tad vidus ta ime samāsate ||8||[[18]](#footnote-19)

chandāṁsi yajñāḥ kratavo vratāni

bhūtaṁ bhavyaṁ yac ca vedā vadanti |

asmān māyī sṛjate viśvam etat

tasmiṁś cānyo māyayā sanniruddhaḥ ||9||

māyāṁ tu prakṛtiṁ vidyān māyinaṁ ca maheśvaram |

tasyāvayava-bhūtais tu vyāptaṁ sarvam idaṁ jagat ||10||

yo yoniṁ yonim adhitiṣṭhaty eko

yasminn idam saṁ ca vicaiti sarvam |

tam īśānaṁ varadaṁ devam īḍyaṁ

nicāyyemāṁ śāntim atyantam eti ||11||

yo devānāṁ prabhavaś codbhavaś ca

viśvādhipo rudro maharṣiḥ |

hiraṇyagarbhaṁ paśyata jāyamānaṁ

sa no buddhyā śubhayā saṁyunaktu ||12||

yo devānām adhipo

yasmin lokā adhiśritāḥ |

ya īśe asya dvipadaś catuṣpadaḥ

kasmai devāya haviṣā vidhema ||13||

sūkṣmātisūkṣmaṁ kalilasya madhye

viśvasya sraṣṭāram aneka-rūpam |

viśvasyaikaṁ pariveṣṭitāraṁ

jñātvā śivaṁ śāntim atyantam eti ||14||[[19]](#footnote-20)

sa eva kāle bhuvanasya goptā

viśvādhipaḥ sarva-bhūteṣu gūḍhaḥ |

yasmin yuktā brahmarṣayo devatāś ca

tam evaṁ jñātvā mṛtyu-pāśāṁś chinatti ||15||

ghṛtāt paraṁ maṇḍam ivātisūkṣmaṁ

jñātvā śivaṁ sarva-bhūteṣu gūḍham |

viśvasyaikaṁ pariveṣṭitāraṁ

jñātvā devaṁ mucyate sarva-pāśaiḥ ||16||

eṣa devo viśva-karmā mahātmā

sadā janānāṁ hṛdaye saṁniviṣṭaḥ |

hṛdā manīṣā manasābhikḷpto

ya etad vidur amṛtās te bhavanti ||17||

yadā’tamas tan na divā na rātrir

na san na cāsac chiva eva kevalaḥ |

tad akṣaraṁ tat savitur vareṇyaṁ

prajñā ca tasmāt prasṛtā purāṇī ||18||

nainam ūrdhvaṁ na tiryañcaṁ

na madhye na parijagrabhat |

na tasya pratimā asti

yasya nāma mahad yaśaḥ ||19||

na saṁdṛśe tiṣṭhati rūpam asya

na cakṣuṣā paśyati kaścanainam |

hṛdā hṛdi-sthaṁ manasā ya enam

evaṁ vidur amṛtāste bhavanti ||20||

ajāta ity evaṁ kaścid bhīruḥ prapadyate |

rudra yat te dakṣiṇaṁ mukhaṁ tena māṁ pāhi nityam ||21||

mā nas toke tanaye mā na āyuṣi

mā no goṣu mā na aśveṣu rīriṣaḥ |

vīrān mā no rudra bhāmito

vadhīr haviṣmantaḥ sadāmit tvā havāmahe ||22||[[20]](#endnote-2)

iti caturtho'dhyāyaḥ

||4||

\* \* \* \* \*

(5)

### pañcamo’dhyāyaḥ

dve akṣare brahma-pare tv anante

vidyāvidye nihite yatra gūḍhe |

kṣaraṁ tv avidyā hy amṛtaṁ tu vidyā

vidyāvidye īśate yas tu so’nyaḥ ||1||

yo yoniṁ yonim adhitiṣṭhaty eko

viśvāni rūpāṇi yonīś ca sarvāḥ |

ṛṣiṁ prasūtaṁ kapilaṁ yas tam agre

jñānair bibharti jāyamānaṁ ca paśyet ||2||

ekaika-jālaṁ bahudhā vikurvann

asmin kṣetre saṁharaty eṣa devaḥ |

bhūyaḥ sṛṣṭvā patayas tatheśaḥ

sarvādhipatyaṁ kurute mahātmā ||3||

sarvā diśa ūrdhvam adhaś ca tiryak

prakāśayan bhrājate yad v anaḍvān |

evaṁ sa devo bhagavān vareṇyo

yoni-svabhāvān adhitiṣṭhaty ekaḥ ||4||

yac ca svabhāvaṁ pacati viśva-yoniḥ

pācyāṁś ca sarvān pariṇāmayed yaḥ |

sarvam etad viśvam adhitiṣṭhaty eko

guṇāṁś ca sarvān viniyojayed yaḥ ||5||

tad veda-guhyopaniṣatsu gūḍhaṁ

tad brahmā vedate brahma-yonim |

ye pūrvaṁ devā ṛṣayaś ca tad vidus

te tan-mayā amṛtā vai babhūvuḥ ||6||

guṇānvayo yaḥ phala-karma-kartā

kṛtasya tasyaiva sa copabhoktā |

sa viśva-rūpas triguṇas trivartmā

prāṇādhipaḥ sañcarati sva-karmabhiḥ ||7||

aṅguṣṭha-mātro ravi-tulya-rūpaḥ

saṅkalpāhaṅkāra-samanvito yaḥ |

buddher guṇenātma-guṇena caiva

ārāgra-mātro’py aparo’pi dṛṣṭaḥ ||8||

bālāgra-śata-bhāgasya śatadhā kalpitasya ca |

bhāgo jīvaḥ sa vijñeyaḥ sa cānantyāya kalpate ||9||

naiva strī na pumān eṣa na caivāyaṁ napuṁsakaḥ |

yad yac charīram ādatte tena tena sa yujyate ||10||

saṅkalpana-sparśana-dṛṣṭi-mohair

grāsāmbu-vṛṣṭyātma-vivṛddhi-janma |

karmānugāny anukrameṇa dehī

sthāneṣu rūpāṇy abhisamprapadyate ||11||

sthūlāni sūkṣmāṇi bahūni caiva

rūpāṇi dehī sva-guṇair vṛṇoti |

kriyā-guṇair ātma-guṇaiś ca teṣāṁ

saṁyoga-hetur aparo’pi dṛṣṭaḥ ||12||

anādy-anantaṁ kalilasya madhye

viśvasya sraṣṭāram aneka-rūpam |

viśvasyaikaṁ pariveṣṭitāraṁ

jñātvā devaṁ mucyate sarva-pāśaiḥ ||13||

bhāva-grāhyam anīḍākhyaṁ bhāvābhāva-karaṁ śivam |

kalā-sarga-karaṁ devaṁ ye vidus te jahus tanum ||14||

iti pañcamo'dhyāyaḥ

||5||

\* \* \* \* \*

(6)

### ṣaṣṭho’dhyāyaḥ

svabhāvam eke kavayo vadanti

kālaṁ tathānye parimuhyamānāḥ |

devasyaiṣa mahimā tu loke

yenedaṁ bhrāmyate brahma-cakram ||1||

yenāvṛtaṁ nityam idaṁ hi sarvaṁ

jñaḥ kāla-kālo guṇī sarva-vid yaḥ |

teneśitaṁ karma vivartate ha

pṛthivy-ap-tejo’nila-khāni cintyam ||2||

tat karma kṛtvā vinivartya bhūyas

tattvasya tattvena sametya yogam |

ekena dvābhyāṁ tribhir aṣṭabhir vā

kālena caivātma-guṇaiś ca sūkṣmaiḥ ||3||

ārabhya karmāṇi guṇānvitāni

bhāvāṁś ca sarvān viniyojayed yaḥ |

teṣām abhāve kṛta-karma-nāśaḥ

karma-kṣaye yāti sa tattvato’nyaḥ ||4||

ādiḥ sa saṁyoga-nimitta-hetuḥ

paras trikālād akalo’pi dṛṣṭaḥ |

taṁ viśva-rūpaṁ bhava-bhūtam īḍyaṁ

devaṁ sva-citta-stham upāsya pūrvam ||5||

sa vṛkṣa-kālākṛtibhiḥ paro’nyo

yasmāt prapañcaḥ parivartate’yam |

dharmāvahaṁ pāpa-nudaṁ bhageśaṁ

jñātvātma-stham amṛtaṁ viśva-dhāma ||6||

tam īśvarāṇāṁ paramaṁ maheśvaraṁ

taṁ devatānāṁ paramaṁ ca daivatam |

patiṁ patīnāṁ paramaṁ parastād

vidāma devaṁ bhuvaneśam īḍyam ||7||

na tasya kāryaṁ karaṇaṁ ca vidyate

na tat-samaś cābhyadhikaś ca dṛśyate |

parāsya śaktir vividhaiva śrūyate

svābhāvikī jñāna-bala-kriyā ca ||8||

na tasya kaścit patir asti loke

na ceśitā naiva ca tasya liṅgam

sa kāraṇaṁ karaṇādhipādhipo

na cāsya kaścij janitā na cādhipaḥ ||9||

yas tantu-nābha iva tantubhiḥ pradhānajaiḥ svabhāvataḥ |

deva ekaḥ svam āvṛṇoti sa no dadhātu brahmāpyayam ||10||

eko devaḥ sarva-bhūteṣu gūḍhaḥ

sarva-vyāpī sarva-bhūtāntarātmā |

karmādhyakṣaḥ sarva-bhūtādhivāsaḥ

sākṣī cetā kevalo nirguṇaś ca ||11||

eko vaśī niṣkriyāṇāṁ bahūnām

ekaṁ bījaṁ bahudhā yaḥ karoti |

tam ātma-sthaṁ ye’nupaśyanti dhīrās

teṣāṁ sukhaṁ śāśvataṁ netareṣām ||12||

nityo nityānāṁ cetanaś cetanānām

eko bahūnāṁ yo vidadhāti kāmān |

tat kāraṇaṁ sāṅkhya-yogādhigamyaṁ

jñātvā devaṁ mucyate sarva-pāśaiḥ ||13||

na tatra sūryo bhāti na candra-tārakaṁ  
nemā vidyuto bhānti kuto’yam agniḥ |  
tam eva bhāntam anubhāti sarvaṁ  
tasya bhāsā sarvam idaṁ vibhāti ||14||

eko haṁso bhuvanasyāsya madhye

sa evāgniḥ salile saṁniviṣṭaḥ

tam eva viditvātimṛtyum eti

nānyaḥ panthā vidyate’yanāya ||15||

sa viśva-kṛd viśva-vid ātma-yonir

jñaḥ kāla-kālo guṇī sarva-vid yaḥ |

pradhāna-kṣetra-jña-patir guṇeśaḥ

saṁsāra-mokṣa-sthiti-bandha-hetuḥ ||16||

sa tan-mayo hy amṛta īśa-saṁstho

jñaḥ sarvago bhuvanasyāsya goptā |

ya īśe’sya jagato nityam eva

nānyo hetur vidyata īśanāya ||17||

yo brahmāṇaṁ vidadhāti pūrvaṁ

yo vai vedāṁś ca prahiṇoti tasmai |

taṁ ha devaṁ ātma-buddhi-prakāśaṁ

mumukṣur vai śaraṇam ahaṁ prapadye ||18||

niṣkalaṁ niṣkriyaṁ śāntaṁ niravadyaṁ nirañjanam |

amṛtasya paraṁ setuṁ dagdhendanam ivānalam ||19||

yadā carmavad ākāśaṁ veṣṭayiṣyanti mānavāḥ |

tadā devam avijñāya duḥkhasyānto bhaviṣyati ||20||

tapaḥ-prabhāvād deva-prasādāc ca

brahma ha śvetāśvataro’tha vidvān |

atyāśramibhyaḥ paramaṁ pavitraṁ

provāca samyag-ṛṣi-saṅgha-juṣṭam ||21||

vedānte paramaṁ guhyaṁ purā-kalpe pracoditam |

nāpraśāntāya dātavyaṁ nāputrāyāśiṣyāya vā punaḥ ||22||

yasya deve parā bhaktiḥ yathā deve tathā gurau |

tasyaite kathitā hy arthāḥ prakāśante mahātmanaḥ ||23||

oṁ saha nāv avatu saha nau bhunaktu saha vīryaṁ karavāvahai

tejasvi nāvadhītam astu mā vidviṣāvahai

oṁ śāntiḥ śāntiḥ śāntiḥ

iti ṣaṣṭho’dhyāyaḥ

|| iti śvetāśvataropaniṣat sampūrṇā ||

\* \* \* \* \*

1. This mantra is also found in Yajurveda 11.1. [↑](#footnote-ref-2)
2. This mantra is also found in Yajurveda 11.2. [↑](#footnote-ref-3)
3. This mantra is also found in Yajurveda 11.3 [↑](#footnote-ref-4)
4. This mantra is also found in Yajurveda 11.4, 5.14, and Rigveda 5.81.1. [↑](#footnote-ref-5)
5. This mantra is also found in Yajurveda 11.5 and Rigveda 10.13.1. [↑](#footnote-ref-6)
6. taṁ [↑](#footnote-ref-7)
7. This mantra is also found in Yajurveda 17.19 and Rigveda 10.82.3. [↑](#footnote-ref-8)
8. Yajurveda 16.2. [↑](#footnote-ref-9)
9. Yajurveda 16.3. [↑](#footnote-ref-10)
10. Yajurveda 31.8. [↑](#footnote-ref-11)
11. manvīśo [↑](#footnote-ref-12)
12. Yajurveda 31.1-2, Rigveda 10.90.1-2. Atharva-veda 19.6.1,4. [↑](#footnote-ref-13)
13. suhṛt [↑](#footnote-ref-14)
14. See KaṭhaU 1.2.20. [↑](#footnote-ref-15)
15. Yajurveda 32.1. [↑](#footnote-ref-16)
16. Atharva-veda 10.8.27. [↑](#footnote-ref-17)
17. Atharva-veda 9.14.20, Rigveda 1.164.20. [↑](#footnote-ref-18)
18. Atharva-veda 9.15.18, Rigveda 1.164.39. [↑](#footnote-ref-19)
19. See below 5.13. [↑](#footnote-ref-20)
20. Yajurveda 16.16, Rigveda 10.114.8. [↑](#endnote-ref-2)